SERVICES THAT CAN BE ACCESSED BY YOUNG PEOPLE IN GREENWICH

Counselling:
Youth Reach Greenwich - young people can contact the service directly to arrange an appointment.
Tel: 020 8269 2200. Email: ask@youthreach.org.uk  http://www.youthreach.org.uk/

Family Action - Connexions: 1:1 counselling for young people. Access to this service is through Connexions. Tel: 020 8921 8224

Family Action - provides counselling for parents and young people. You can contact this service directly on Tel: 020 8310 6570

Drugs & Alcohol Action Team - Provides information about local services which support young people to deal with drugs and alcohol issues.
Tel: 020 8921 6906

Mosac Service - Counselling, advice and support to non-abusing parents/carers of sexually abused children and play therapy for children
Tel: (Helpline) 0800 980 1958 or 020 8293 9990

CAMHS - (Child & adolescent Mental Health Services) to promote psychological well being of children and young people. Access to this Service is through the GP or Children Services Tel: 020 8331 7100

Ahead - provides support and advocacy services to individuals and families who are infected or affected with HIV/AIDS Tel: 020 8317 0865

Sexual Health Services:
The Services below offer free and confidential sexual health advice to young people including under 16’s e.g. advice on various methods of contraception, STI testing and treatment and how to take care of your sexual health.
Call to confirm opening times:

- Market Street Clinic - Tel: 020 8301 8951
- Passey Place Centre - Tel: 020 8859 4609
- The Source - Tel: 020 8860 9002 (you need to be registered with a Greenwich GP to access this service)
- Trafalgar Clinic - Tel: 020 8836 6969
- Guy’s Hosp Lloyd Clinic (STD) - Tel: 020 8317 0865
- AHEAD - Tel: 020 8317 0865 Free Walk-in rapid HIV testing Clinic / Results within 1-hour. The Clinic is open every Tuesday from 6 - 8pm
- Emergency Contraception - Tel: 0800 011 3338 (morning after pill) is available free of charge from some pharmacies in Greenwich
- GP - your GP may offer contraception advice and support

Pregnancy Counselling

Marie Stopes
Tel: 0845 365 829
BPAS Tel: 0845 30
Market Street Clinic  Tel: 020 8301
Passey Place Centre  Tel: 020 8859
GP's - Your GP can offer support to help you think about your options if you are pregnant

**Pregnancy options:**

**Keep the baby** - If you choose to continue with your pregnancy

**MOT Best Beginnings Teenage Pregnancy Midwives** - This is a dedicated young parent’s midwifery service at THE BLUEBELL CENTRE. They will support young parents at any stage of their pregnancy.
Tel: 07748 646 397 / 020 8317 9318

**School Age Parents Reintegration Support Service** - support to enable young parents of school age continue with education
Tel: 020 8921 6832

**Connexions** - if you are 16 and over Connexions can support you with your eduation and other support you need as a teenage parent

**Teenage Pregnancy Team** - Tel: 020 8921 6914

**GP** - Support during and after pregnancy is available through your GP.

**Young Parents Support Groups:**

**HER Centre - Young Parents Mentoring Project** - provides mentoring, personal and professional development training workshops, social activities, peer support and access to volunteer opportunities activities for young parents up to 25 years old.
Tel: 020 8858 0748

**ADOPTION**
There are a number of children in the Borough who cannot be brought up by their parents who would welcome the security of a new family and a loving home through adoption.

**Greenwich Adoption Team** - will provide support to young parents to explore their options including adoption.
Tel: 020 8921 2727

**TALK Adoption** - helpline offers a confidential service, providing support and information on any aspect of adoption. Tel: 0800 056 8578

**ABORTION (Termination)** - ending the pregnancy
The pregnancy counsellor will provide information about the type of abortion available to you. A doctor or counsellor will discuss if you want your parents to know about your abortion. While you can agree to an abortion if you are under 16, if you do not want to tell your parent's a doctor will only give the go-ahead if they believe you understand what is involved. It is advised to get the support of a trusted adult.

The Service is confidential to all young people including under 16's

**Central Booking Service** - you can call the Central Booking Service by yourself to arrange an appointment for an abortion: Tel: 0845 365 8293

Abortions can not be carried out if you are over 23 weeks and 5 days.
Marie Stopes International (NHS & Private)
Counselling is available before and after the abortion to help you through the process.

**NHS** - You can self-refer by phoning the CENTRAL BOOKING SERVICE as above. They can arrange appointments with Marie Stopes. You can also be referred by your GP.

**Private** - You can self-refer by phoning Marie Stopes directly on 0845 300 1212
Open 7 days Mon to Friday 7am - 10pm / Saturday and Sunday 8am - 6pm.

Nearest Centres - Central London, South London (Brixton), West London
Early abortion procedures to 12 weeks
Later abortion procedure over 12 weeks to 23 + 5 weeks
For more information and costs visit their web site: [www.mariestopies.org.uk](http://www.mariestopies.org.uk)

BPAS - (British Pregnancy Advisory Service) **NHS & Private**
Counselling is available before and after the abortion.

**NHS** - You can self-refer by phone the Central Booking Service as above. You can also be referred by you GP.

**Private** - You can call their actionline directly for an appointment or your GP can call on your behalf:
Tel: 084557 30 40 30 (open 7-days a week)
Nearest Centre - Bedford Square (Just off Tottenham Court Road) WC1
Early and late abortions from 9 to 24 weeks
For more information and costs visit their web site: [www.bpas.org](http://www.bpas.org)

**Greenwich Support:**
**Greenwich Community Law Centre** - Tel: 020 8305 3350

**Housing:**
**Greenwich Housing Options** - is the first place to contact if you are homeless or at risk of becoming homeless: Tel: 020 8921 2863

**Greenwich Housing Rights** - provides housing advice and support to enforce the rights of homeless people. You can access the telephone advice line
Tel: 020 8854 8848 Tues/Thurs 2pm - 5pm; Fridays 10am - 1pm or call to confirm other service opening times on 020 8854 8848

**Benefits:**
**Jobcentre Plus** - provide assistance on all benefit claims to anyone over 18. Financial assistance provided to young people age 16 to 18 who are experiencing hardship. To access this service young people must first be in contact with Connexions. For further information Tel: 020 8271 5600 or 020 8258 4900

**Education, Training & Employment:**
**Connexions Service** - advice and guidance on education, careers, childcare for young parents and parents to be who are 16 - 19 years old. Opportunities provided for short courses and support to access further education. One to one and group support available. You can contact Connexions for information on current courses available from various training providers Tel: 020 8921 8224

**Skillmeup** - offers information about courses and voluntary work experience for young people aged 13 - 19. [www.skillmeup.info](http://www.skillmeup.info)

**Work Experience - volunteering:**
**Greenwich Volunteers Centre** - will support young people access voluntary experience in a variety of services. Training, accreditation (certificate) for voluntary work and money towards expenses offered to young people.
Tel: 020 8853 1331  Face Book: www.tinyurl.com/vinvolved

**vinspired.com** - helps young people aged 16 - 25 find volunteering opportunities in the UK and abroad. Young people can be supported financially to set up their own projects. For more information contact: 0800 089 9000 or text "v" to 80010 email; info@vinspired.com  log onto www.vinspired.com

**Leaving Care:**
**Leaving Care Team** - support young people leaving care to be independent in the Community - Tel: 020 8293 1991

**Disabilities**
**Greenwich Mencap Children’s Services** - friendly, confidential and independent information, advice and support to parents and carers of children and young people with a learning disability, enabling them to access a wider range of services.  Tel: 020 8305 0321

**Mediation and Advocacy**
Mediation - meaning: intervene to bring about agreement; resolve a dispute by mediation
Advocacy - meaning: a person who acts on behalf of somebody to argue a case.

**South East London Family Mediation Bureau** - mediation to resolved parental difficulties over arrangements for children following a break-up, counselling for children, parenting service, mediation for young people at risk of homelessness, group for children aged 8 - 12 who have experienced family break-up.  Tel: 020 8315 7460

**St Christopher’s HIP** - offer medication services for 16-17 year olds to prevent them becoming homeless. Access through Greenwich Housing Options Tel: 020 8858 2780

**USEFUL WEBSITES - HELPLINES:**
www.ruthinkin.org.uk
www.talktofrank.com
www.wiredforhealth.gov.uk
www.brook.org.uk
www.ypsh.net
www.thesite.org

**SEXWISE HELPLINE** - 0800 28 29 30
**NATIONAL DOMESTIC VIOLENCE HELPLINE** - 0808 2000 247
**NSPCC HELPLINE** - 0800 800 5000